

Mission Statement



Go Bananas was started to spread the message to those in early childhood about being happy, healthy and confident through music. We feel that music gets through where other things can't.

We provide music, lyrics and resources for children, parents, caregivers and teachers as a way to make learning about healthy eating and music fun and exciting.

Our songs can be used by music teachers and students to learn simple chords and melodies. They have been written to provide students with fun, engaging and age appropriate songs to include in their music practice each week.

Our lyrics and nutritional resources recognise common dietary and fussy eating issues in families and are designed to support parents and share the message about shopping, cooking and eating healthy food. They also support health teachers in spreading the message about eating well and establishing good dietary habits and home and at school.

We want kids to enjoy being kids. We have taken inspiration from the Early Years Learning Framework to write songs that encourage belonging, being and becoming. We hope to encourage children and their families to strengthen bonds around meal times and to lead happy, active and healthy lives now and as they grow into adults.